

Growing Up

A Study Through Ephesians

Carterville Christian Church

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April 7th, 2024

MESSAGE NOTES

Eph. 1:1-2; 4:14-16

Notes on Ephesians:

Spiritual Formation:

Growing up...

1. Isn't **ACCIDENTAL**.

2. Isn't **OPTIONAL**.

3. Isn't **IMPOSSIBLE**.

DISCUSSION QUESTIONS

1. Challenge #1: Consider Partnering with a student to send them to CIY MOVE this summer. What a great opportunity for us to invest in the spiritual formation of the young people in our church!
2. Challenge #2: Take some time this week to read the book of Ephesians in one sitting. This is done best in community. If you are in a life group, or with your family or with a few friends. This should take about 30 minutes. You can do it!
3. Have you ever thought about what it would have been like to be a part of a church soon after Jesus has resurrected? What challenges do you think this would bring? What would have been exciting about it?
4. How would you define Spiritual Formation?
5. Growing up isn't accidental. What does this mean? Do you find yourself trusting in God as an excuse not to put forth effort in your own spiritual formation?
6. Growing up isn't optional. What do you think people are formed by the most in their lives? Why? How do these things draw us closer or further from Christ being formed in us?
7. Growing up isn't impossible. Honest self-evaluation time: Are you the closest to Jesus in this very moment than you have ever been? If the answer is no, then why? What has come in the way of your being formed into Christ's image? Pray for the Lord to remove these barriers and to form you in his image.